



# CORNER TALK

Latest news from City of Hull ABC

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## KEEPING YOU INFORMED !

Welcome to our first news letter, a publication that will be available every month and will feature all the latest club information which will keep you in the loop and informed.

Our success as a club is great team work, good planning and delivery of those plans. We would like to invite you all to be a part of this. Club founder Mike Gibbons told us this:

“We need to come away from the idea leaving it to others. We as a club have grown through interested parties coming up with ideas to make us better.”

“We will never turn away people that want to help. City is already the biggest club in the city, this is a fact with over 200 boxers, not to mention the other stuff going off in the club. To stay top we need to pull together, fundraising is a key issue we face as such a big club.”

Amateur Boxing in Hull has

been dominated by St Pauls ABC for so many years. In fact our very Mike Gibbons and Dave Kinsley both came out of the St Pauls stable, but both feel confident that City of Hull ABC is the new name in town, and has already proven a fighting force to be reckoned with.

“Our fitness, commitment and dedication from coach to boxer is unrivaled by anyone. We truly believe we have the fittest boxers and as a team we support each other regardless of the result” Said Mike Gibbons.

“When I started the club back in November 2008, I had both my sons training, that was the full squad back then. Since then we have built and built, and now we have over 200 people using the club for fitness, competition as well as nutrition. We have a proud club, our people involved are proud of what we have built together.”

This newsletter is to keep you informed of events.



City of Hull Amateur Boxing Club Founder & Head Coach Mike Gibbons

Any parent wishing to help out with the club, from a fundraising, general assistance in the gym (non coaching role) or even to help out in the tuck shop, then you are welcome to come forward and speak to Mike Gibbons who will be pleased to hear from you.

Also any articles you feel need to be mentioned in this newsletter then please give in writing to any of the staff or coaches for it to be considered. Please ensure all stories are club specific.

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### Key Dates for your Diary:

#### 29th July - 1st August:

South Wales camping trip

#### 1st August - 28th September:

Sponsored Beard Grow

#### 26th August

Presentation Night

#### 1st October

Bag packing at Morrisons

New season starts 1st Sept

## ACADEMY THE BEST IN THE CITY BY FAR !

City of Hull ABC Academy is highly regarded as one of the best Academy sessions available in the City, given the in depth coaching and development.

Since taking over the Academy in November last year Mike Gibbons has seen a steady increase not only in numbers but also in skills, technique and knowledge. Despite the Acad-

emy youngest ages being just 5 years old, this non contact session is proving a real hit with youngsters and parents alike with numbers now into the steady 20's.

“Our Academy is awesome. Their development and skills are increasing all the time. This is truly exciting when it comes to the point where these kids

get to competition. Some of them will have been training for around 5 years with us before they would be old enough to compete. This schooling will be priceless and give them a real edge.” Says Gibbons.

Sessions run every Monday, Wednesday & Friday 5pm—6pm.



# PRESENTATION NIGHT LOOMS FOR CITY STARS !

One of the biggest dates in the clubs diary is approaching fast. Come Friday 26th August 2011, at the Cavalier Club, Endike Lane City of Hull Stars will parade in front of friends and family and club supporters to pick their rewards for what was another superb season in the clubs history.

All the boxers that were in action are hoping to get their hands on one of the prestigious awards up for grabs they are as follows:

- Outstanding Achievement**
- Senior Boxer of the Year**
- Most Improved Senior**

- Junior Boxer of the Year**
- Most improved Junior**
- Boxers Boxer of the Year**
- Club person of the year**
- Most exciting new comer**

"This is all about celebrating the huge success of our boxers this season, its truly been amazing" said Mike Gibbons.

This season City of Hull ABC have entered into 84 contests winning 44 of them, picking up a national title, 3 Yorkshire titles, 4 Yorkshire ABA Calls ups as well as a memorable Yorkshire Association Challenge Belt with the emphatic Danny Little win over arch rival George Horner.

City have developed some real talent during this season and strengthened the Junior squad immensely with some real talent come the new season.

Looking ahead the club is really looking forward to serious championship assault as these juniors both experienced and new to the scene now have a taste and hunger for Yorkshire titles.

So the presentation will be a night to reflect the clubs growth and success both in the ring and out.

"The City journey so far has been an incredible one. We gone from an unknown club to one of the best clubs out there in the space of 2 years. This is a credit to coaches and boxers alike"

*"This is all about celebrating the huge success of our boxers this season, its truly been amazing"*



## FEATURED BOXER: LIAM ' THE URBAN WARRIOR' GIBBONS

City of Hull ABC Junior Liam Gibbons has had an amazing start to his amateur boxing career chalking up an incredible 7 wins from 8 stopping 2 inside the distance.

Liam also plays for Victoria Dock Rangers where he finished as one of their top scorers last season in his attacking midfield position. He told us.

"I love boxing, I think City is the best club around and all the coaches work hard for us boxers. I hope I can carry on and keep

winning next season".

Liam is one of a few boxers that have had explosive starts to their boxing careers, which we intend to feature others in future articles.

Gibbons beat the much fancied Kelvin Quinn from the Wombwell & Dearn ABC, before outworking the very talented Finley Hobson (Steel City) which has lined Liam up for a Yorkshire title showdown, for his category and age Liam has one of the best records in Yorkshire.

- Name: Liam Gibbons
- Nickname: Urban Warrior
- Age: 12 (born 1999)
- Record: 8 Fights, 7 wins, 1 Loss
- Best Food: Pepperoni Pizza
- Best Drink: Cream Soda
- Best Music: Eminem
- Fave Boxer: David Haye
- Fave Football Team: Hull City
- Fave Movie: Ali
- Quote: Eat more, train harder!

*Impressive start  
Liam Gibbons*



Left to right: Callum Turner, Mike Gibbons and Tom Arnell. Both Callum and Tom were selected to box for Yorkshire against the

Midlands last season and were both victorious.

*"All the boxers have earned their title shots. We hope we do well however it's the experience which is more important than the result."*

## YOUNGSTERS EYE TITLE SHOT

### Gibbons talks about top City prospects to watch out for

City of Hull have a fierce squad to put through to the championships next season starting with Alex Sutton in the Senior ABA Novices which are now Senior boxers that have had 3 to 15 contests. Sutton has impressed the coaches at the club with our reserve this season with his uncompromising attitude to training and his support for his club mates.

Meanwhile Liam Gibbons, Kai Gibson, Callum Turner, Brandon Stead, Joshua Kinsley, Jim Bob

Dixon, Natasha Dolan as well as Tom Arnell all chasing Schools Titles next season. All stand a really good chance and hopes are high for a sweep of Yorkshire titles. It is unclear still whether Ryan Gibbons will feature this season in the Junior ABA's as the minimum weight category is believed to be 48kg, which will be too high for Ryan to gain. With these out of the way we will focus on the Senior ABA's and Female Championships featuring Chelsey Arnell, Trudy O'Loughlin

and Natasha Dolan all hopeful for titles. Then we will finish with Danny Little and Charlie Payton both in the hunt for the domestic biggest crown the coveted Senior ABA Titles.

"All the boxers have earned their title shots. We hope we do well however it's the experience which is more important than the result. Each boxer will be given their target like we did last season. All our boxers achieved their goals last season" Said Gibbons.



## COACHES LET THEMSELVES GROW....

Ladies get ready because "...here comes the boys!" like you have never seen them before. If you take the regions best boxing instructors and cross them with the woolpackers in particular "Zak Dingle" you will just about picture our coaches when they grow their beards in a bid to raise needed money for the club.

Danny Thompson, Dave Kinsley, Bob Beautyman, Paul Dolan & Mike Gibbons will all be letting their facial hair grow wild and will not be trimming or tidying up their facial bushes to raise cash for their club.

The grow will start on the 1st

of August and will continue up to and including 28th September before the beards are shaved off much to the relief of their wives and girlfriends we are sure. However early signs show that the money is flowing in well with one of them raising almost £300 alone, it is hoped the coaches will raise in the region of £600 between them for the club.

Dave Kinsley did request that Mike Gibbons shaved his eyebrows also, however Mike's reply was "ram it", due to the fact that Kinsley may have the patchiest beard out of them all it was a cheap way to draw the attention of his patchy effort in

attempt to grow his beard.

Danny Thompson on the other hand has concerns of looking like Mickey Rourke with his rat tash style grown while Bob Beautyman said his will look like metal filings thrown on his face. Paul Dolan has remained silent as he did when he was secret West Ham fan.

Mike Gibbons however may look like Zak Dingle himself and will look a picture if called to his recently appointed Yorkshire ABA Executive Meetings looking like a overgrown yeti.

"Its all good fun and raised money for the club. Gonna be a laugh" Said Gibbons.



Bob Beautyman soon to be nicknamed Beardy-Bob

*"If you take the regions best boxing instructors and cross them with the woolpackers in particular "Zak Dingle" you will just about picture our coaches when they grow their beards"*

## CITY GO PACK THEIR BAGS !

October 1st, Morrisons on Holderness Road, every City of Hull boxer (carded / uncarded) is needed to help with their bag packing day to raise funds for the club.

All parents are required to help out as for every child at check out we require an adult so your help is strongly asked for if you can spare us the time. Further details about times etc will be made available in later issues of the newsletter but this is to give you the heads up that the date is

fast approaching and you all can play a vital role in this important piece of fund raising.

Normally on a bag packing day, one of our boxers will help pack customers bags (at Morrisons) for a small donation in return. Each check out will have a bucket at the end for the customers to volunteer a donation.

We need to be aware that we can not hound or harass customers into making a donation it must be voluntary, we count on the good will of the east hull

people.

More fund raising days and events are currently being thought up by a specialist team of girls (Aka Wendy Gibbons, Jo Kinsley, Sharon Hadley, Amanda Stockton, Jane Stockton, Jennifer Holloway), there has been suggestions of a Calender Boys campaign featuring naked coaches, however this quickly declined by the coaches concerned.

Stay tuned for other fun days we can enjoy while raising money for the club.



Morrisons, Holderness Road  
City to pack bags to raise funds

*"We are asking all parents to help out as for every child at check out we require an adult so your help is strongly asked for if you can spare us the time."*

## NEW HOME SET FOR CITY

City of Hull ABC will be looking at a state of the art base as their new home with in the next 18 months the club has revealed.

Subject to successful funding bids the club is looking set to move to its new home late 2012 and the gym will be equipped with the very best equipment and will be on par with the GB Squad base.

The new home will house 2 rings, a 10 foot and a 16 foot

ring in the centre. Around the edge of the gym space will be a running track, down one length of the gym will hang up to 8 heavy bag stations, with floor to ceiling mirrors on the other side. At one end there will be reaction bags and balls and the opposite end a Parents lobby & viewing area with toilets, as well as a small café serving hot and cold snacks and drinks.

The whole project is said to cost a minimum of £500,000.00

but by the time the building has opened this could rise to almost £1m giving the land and suppliers etc.

Mike Gibbons who was speaking on behalf of his company City of Hull Sport & Community Group said:

"Its an exciting prospect for the club. It will for sure be the best equipped up to date boxing gym in the city and the youngsters will prosper from this"



"Its an exciting prospect for the club. It will for sure be the best equipped up to date boxing gym in the city and the youngsters will prosper



[www.cityofhullabc.com](http://www.cityofhullabc.com)

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*"Success is a journey,  
not a destination!"*



Visit us online  
[www.cityofhullabc.com](http://www.cityofhullabc.com)

## Meet the team:

Mike Gibbons	Founder, Head Coach & Chairman
Dave Kinsley	Vice Chairman & Coach
Bob Beautyman	Nutritionist & Coach
Danny Thompson	Coach
Steve Pollard	Coach
Paul Dolan	Coach
Jamie Turner	Trainee Coach

## Executive Committee:

*Mike Gibbons (Founder Chairman & Treasurer), Dave Kinsley (Vice Chairman), Wendy Gibbons (Welfare Officer & Secretary), Bob Beautyman, Sheryl Clappison, Amanda Ali & Craig Arnell*

# CITY OF HULL ABC ONLINE SHOP **NOW OPEN**

The club shop is now open and waiting for your orders. You can buy most club apparel from the shop as well as the most up to date contest wear which will not only save you money but proved maximum comfort.

Why shop elsewhere for your boxing equipment when our very own City Shop has it all, if you can not find what your looking for online then ask us as we can source it for you.

Boxing Gloves, Skipping Ropes, T Shirts, Polo Shirts, Beanie Hats, Sparring Gloves, Gum Shields, Contest wear we have the lot. Just visit the shop online [www.cityofhullabc.com](http://www.cityofhullabc.com).

Our easy to use shopping cart

will ensure you can add to your basket what you wish to purchase then guide you through our secure payment system.

Any profits go straight to the club, so indirectly you are investing back into the club.

Latest design Adidas contest wear is a top seller at the moment but we also have the more discounted ranges, with more lines to add shortly.

Remember if you don't see what you want, then ask us by emailing [sales@cityofhullabc.com](mailto:sales@cityofhullabc.com) and we will source this for you at a discounted price.

Typical Lines you will find:

AIBA Adidas Head Guard

AIBA Adidas Contest Glove

Adidas Hand Wraps

City of Hull T Shirts

City of Hull Beanie Hats

City of Hull Polo Shirts

City of Hull DVD's

Ergo Training Glove

